

MHP Community Health Resource Book



MUSLIM HEALTH PROFESSIONALS
O F P U G E T S O U N D

Community Health Resource Book

First Edition, July 2016

MHP Community Health Resource Book

CHIROPRACTOR

Contact Name	Phone Number	City	Clinic/ Organization
Mustafa Idris	(425) 747-7785	Bellevue	Microsoft Living Well Health Center
Masud Hasan	(425) 747-7785	Bellevue	Healthquest Chiropractic

DENTIST

Contact Name	Phone Number	City	Clinic/ Organization
Nadia Afifi	(253) 854-8008	Kent	Nadia Afifi, DDS, Avance Dental Care
Alfadhli Abu	(425) 739-9093	Kirkland	Paramount Dental Center
Nazish Haq	(253) 848-2331	Puyallup	Light Dental Studios Inc
Nabil Al Krumly	(206) 557-4522	Seattle	Krumly Dental Care
Moona Khan	(253) 473-4303	Tacoma	South Sound Dental Care

MEDICAID-ACCEPTING DENTAL CLINICS IN THE REGION

Clinic Name	Phone Number	City
Bellevue Newport Dental- Washington Dental Group	(425) 641-5303	Bellevue
Healthpoint- Bothell Dental Clinic	(425) 424-6350	Bothell
Eastridge Family Dental	(253) 277-2620	Kent
Lake Washington Tech College Dental Program	(425) 739-8130	Kirkland
Healthpoint- Redmond Dental Clinic	(425) 883-8000	Redmond
All Care Dental	(425) 226-5940	Renton
Phi Phuoc Dental Clinic	(206) 760-8171	Seattle- South
Vina Dental & Denture Clinic	(206) 725-0124	Seattle-Central Area
South Seattle Dental	(206) 772-6068	Seattle-Skyway

NUTRITION

Contact Name	Phone Number	City	Clinic/ Organization
Aliya S. Haq	(206) 788-3754	Seattle	Registered Dietitian / ICHS

MHP Community Health Resource Book

PHYSICIANS / DOCTORS

Contact Name	Phone Number	City	Specialty / Organization
Sobia Moghis	(425) 454-8191	Bellevue	Primary Care Medical Arts Associates
Adnan Mustafa	(206) 436-6380	Kent	Med/Peds / Sea Mar Kent CHC
Muhammed Zubair	(425) 899-6700	Kirkland	Internal Medicine / Evergreen Health
Sophia Malik	(206) 901-2400	Burien	Family Medicine / Burien Group Health
Qudsia Khan	(253) 697-5767	Puyallup	Internal Medicine / Good Samaritan Hsp
Kaisera Zubai	425-391-7337	Sammamish	Pediatrician Allegro Pediatrics
Anisa Ibrahim	(206) 987-2525	Seattle	Pediatrician Seattle Children's Hospital
Sabreen Akther	(206) 987-2000	Seattle	Emergency Medicine / Seattle Children's
Humera Ali	(206) 860-2302	Seattle	Cardiologist / Polyclinic-Madison Center
Huma Memon	(206) 583-2299	Seattle	Internal Medicine / Virginia Mason
Nawal Alkharouf	(360) 692-9362	Silverdale	Pediatrician / Kitsap Children's Clinic

MENTAL HEALTH SERVICES

Contact Name	Phone Number	City	Clinic/ Organization
Huma Din	(206) 489-3830	Bothell	Marriage and Family Counselor Envision Counseling

Clinic Name	Phone Number	City
International Counseling and Community Services	(206) 816-3253	Seatac
Seattle Counseling Services	(206) 323-1768	Seattle
Behavioral Health - Refugee Women's Alliance (ReWA)	(253) 246-4003	Seattle

OPTOMETRIST / EYE CARE

Contact Name	Phone Number	City	Clinic/ Organization
Aqil Habib	(206) 622-1283	Seattle	Seattle Vision Care Center

PODIATRIST / FOOT CARE

Contact Name	Phone Number	City	Clinic/ Organization
Erum Quadeer	(360) 754-3338	Olympia	Podiatrist Foot & Ankle Surgical Assc.

MHP Community Health Resource Book

COMMUNITY HEALTH CLINICS

Clinic Name	Phone Number	City
ICHS- International District	(206)-788-3700	Seattle
ICHS Bellevue Medical Center	(425) 373-3000	Bellevue
Neighborcare Health- 45th Street	(206) 633-3350	Seattle
Sea Mar CHC -Bellevue Medical Clinic	(425) 460-7140	Bellevue
Sea Mar CHC – Kent Medical Clinic	(206) 436-6380	Kent
Sea Mar CHC – Seattle	(206) 762-3730	Seattle

MAJOR HOSPITALS

Hospital Name	Phone Number	City
Overlake Medical Center	(425) 688-5000	Bellevue
Evergreen Health Medical Center	(425) 899-1000	Kirkland
Seattle Children's Hospital	(866) 987-2000	Seattle
Virginia Mason Medical Center	(888) 862-2737	Seattle
Harborview Medical Center	(206) 744-3000	Seattle
The Polyclinic	(206) 329-1760	Seattle
UW Medical Center	(206) 598-3300	Seattle
Swedish Medical Center	(206)-386-6000	Seattle

FREE HIV/STI TESTING

Contact Name	Phone Number	City
People of Color Against AIDS Network	(206) 322-7061	Seattle
Seattle Area Support Groups	(206) 322-2437	Seattle
Gay City Health Project	(206) 860-6989	Seattle
Entre Hermanos	(206) 322-7700	Seattle
Lifelong AIDS Alliance	(206) 957-1717	Seattle
Center for Multi-Cultural Health	(206) 461-6910	Seattle

MHP Community Health Resource Book

LEGAL SERVICES

Contact Name	Phone Number	City
CAIR-WA	(206) 367-4081	Seattle
ACLU	(206) 624-2184	Seattle

ANTI-VIOLENCE ADVOCACY

Contact Name	Phone Number	City
NW Network	(206) 568-7777	Seattle
API Chaya	(206) 467-9976	Seattle

"Do good deeds properly, sincerely and moderately and know that your deeds will not make you enter Paradise, and that the most beloved deed to Allah's is the most regular and constant even though it were little."

—— Prophet Muhammad (s) as narrated by A'isha (ra) in Sahih Bukhari, vol. 8, hadith 471

SPECIAL THANKS TO

Faaizah Iyaz and Iyaz Allah Baksh
Muslim Community Resource Center (MCRC)
Kelsen Caldwell, UW Service Learning
Muslim Health Professional Members

